



Aisha & Friends in Kenya



What an exciting 5 months these have been! A lot happened since we, in May, updated you on Aisha & Friends activities. Our new teaching method – ***Aisha, how do you feel?*** – went live, the ***Speak Up! training*** started in Kilifi, and the ***Aisha, school in Hospital project*** progressed steadily in Moshi (Tz). We went to Kenya with Learn! Foundation to be part of the final training day, after which we visited ***KidsCare***

Kenya in Lunga Lunga County.

In the meantime we had airtime on Dutch TV, we multiplied the [Aisha team](#) to 8(!) and we started to define our plans for the year 2022. This last exercise definitely needs your input. Read below!

Pfew... this really feels like a moment to connect with you again, our NGO partner-network.

Enjoy the reading!

With love, Mieke, Alberdine & Aisha team.



Kenya teaches Aisha

The eagerness to learn and enthusiasm of the teachers was heartwarming. The performance of the facilitator Jacqueline Jumbe-Kahura (Lifting the Barriers) was inspiring. On September 25th we visited the **Speak Up! training** in Kilifi. During the days, 16 teachers and headmasters were taught skills and materials to work with children on their self-confidence. Recognizing and acknowledging emotions is the starting point.

Aisha boxes with educational materials have been distributed to the four schools involved in the training pilot. Posters, booklets, hand puppets, games and manuals for the teachers will equip the school to have in total 2000 children taught the Speak Up! training. The hand puppets have been produced in a local sewing atelier in Kilifi area. During our visit we had the opportunity to meet the enthusiastic team.



A post training reflection day with all trainers involved will help us to learn from the first experiences in using the training in their classes and will be valuable input for scaling up the Speak Up! training to more schools in the Kilifi region in 2022.

Many appreciations to Ingrid Vink (Learn! Foundation) and Wild Geese Foundation for co-creating and co-funding this project.



KidsCare Kenya

A nice opportunity to share knowledge: Rita and Edwin from **KidsCare Kenya** were able to visit the training in Kilifi. After having had several online meetings with Gerard Geenen and Marlies van de Berg over the previous months, we received a warm welcome from the KidsCare Kenya team in Lunga Lunga Sub County on September 29.

KidsCare provides children with a disability with a future. Together we are in the process of creating a tailor-made training for their teachers and social workers. And wow, what a professional team did we meet! How impressive it was to visit the KC Service Center and some of their outposts. We are looking forward to make this project a success!



Celebration time...!

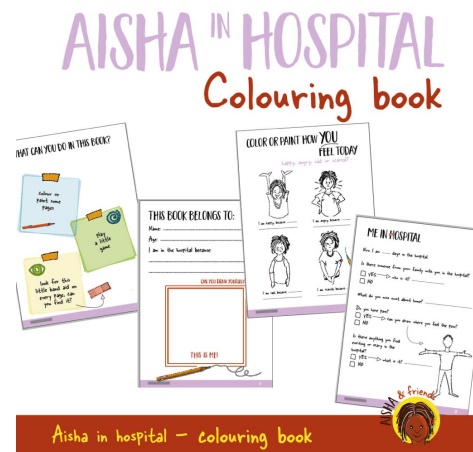
We did not forget to celebrate our first anniversary in June. What an energy this year! Twelve months full of new encounters, projects and great results. We delighted our donors and followers with a set of Aisha cards. Drawn by Mieke of course. For the team there were bubbles,

a Sunday afternoon lunch and small gifts for our dear loyal volunteers. **So proud of the team!**

Aisha in Hospital school

The concept of the Aisha in Hospital School is developing rapidly. These days we support the 'school in hospital' project in **KCMC hospital** (Moshi, Tanzania) in various ways. To position the school we designed, with local partner **Mediams Tanzania Foundation**, flyers (What and How) intended for fellow doctors and their departments.

We regularly speak (Zoom) to the current teachers in KCMC to explore their educational needs. First materials and a special designed Aisha in Hospital booklet will be distributed to Tanzania the coming weeks. In the meantime, for the purchase of tablets, whiteboards, desks and chairs, we are preparing a first donation to the local partner.





'Aisha, how do you feel?' is launched

Based on the four basic emotions (happy, angry, sad and scared) we developed an easily accessible teaching method for the target group of 6-14 year olds, *Aisha, how do you feel?*) A colorful book with again Aisha in the lead role together with a book with creative working materials for the children and a toolkit with extensive trainer instructions, posters, games and hand puppet for teachers. A manual for teachers and adults completes the method.

Do you see this educational theme applicable in your environment as well, feel free to [reach out to us](#) to explore possibilities to co-create a new project.



Plans for 2022. We invite you to co-create!

With so much heartwarming support of our network we defined another ambitious road map for the year 2022. Very likely there will be new 'Freeware' (a free booklet available on request). We will scale up the Speak Up! training in Kilifi region. An Aisha & Friends consultant will be recruited to help us organizing our programs from a local office. Additionally there is space for a couple of new programs. And for that: **We invite you to co-create with us!**

So, in case you have educational needs / suggestions please *reach out to us*

Looking forward to 2022 already.

We are looking forward to help you to educate!

With love, Alberdine and Mieke



Curious? Keep an eye on us on social media !!
If you have any questions, comments or tips, you can always email us at the email address below.

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