



Speak Up! Aisha & Friends launches training for 2.000 children in Kilifi.



Training in social skills. The curriculum in Kenya does not provide this subject. This is why local organization [LIBA](#) through her Dutch partner [Learn! Foundation](#) reached out to Aisha & Friends Foundation. The regular school program offers basics such as arithmetic and language skills. For practicing life skills, we will spend time outside of class hours. *'Practicing skills like standing up for yourself, learning to say 'no' and*

dealing with basic emotions, in a psychological safe environment, is important to enter the competitive world with confidence', Jacqueline Jumbe-Kahura states. During the **Speak Up! training**, children, teachers and their communities are introduced to these skills in a creative way.

From September onwards a training for teachers at four schools (pilot) in the Kilifi region will start. It is our intention to extend the program to other schools and counties afterwards. In the first four schools we will impact 2,000 children in the age of 6 to 14. The training is a coproduction is between LIBA and Aisha & Friends Foundation. Aisha & Friends foundation together with Learn! Foundation and [Wild Geese Foundation](#) bear the costs of this project.

Would you like to work with Aisha & Friends on your educational project? Feel free to reach out to Mieke and Alberdine at Info@aishaandfriends.com. Read more about the **Speak Up! training** at [our website!](#)





Aisha is growing fast! Thanks to you.

Even one year after the launch of Aisha & Friends Foundation we (Mieke and Alberdine) are still surprised by the number of demands triggered by our proposition 'We help you to educate'. Thanks to the support of a growing list of donors, we can respond to more and more project requests. The project pipeline is growing rapidly. And fortunately so does our team! We are surrounded by a nice group of [helpful volunteers](#).

In addition to all the efforts you guys put in, inspiring to work with this beautiful team on our mission: '**We help you to educate**'.... Thank you so much!!

[Watch here how the Aisha team is growing](#)



Preview... New teaching method for Primary age: Aisha, how do you feel?

We are excited! - **Aisha, how do you feel?** - a widely deployable new teaching method will be launched in a couple of weeks. Based on the four basic emotions (happy, angry, sad and scared) a practical teaching method is developed.

The topic of emotions is addressed in a [playful way](#) with creative exercises and colorful illustrations. In addition a toolkit

(posters, games, hand puppet) is available as well as an extensive trainer instruction...

[Read more](#)

Partner(s) in the spotlight

Ingrid Vink (Learn! Foundation) and Jacqueline Jumbe Kahura (LIBA, Kenya) definitely share one belief: *'Education is the only key to the future. Without education, the chances of getting out of the poverty spiral are actually zero'*. Undoubtedly an important cornerstone of the fruitful cooperation between the two foundations.



Learn! Foundation started its activities in 2009. Initially spread over several countries. Gradually, the realization grew that working with more focus and the benefiting from the support of a strong, reliable local partner (LIBA in this case) could bring more value than fragmentation. As from that moment the focus was on education related projects in the Kilifi region of Kenya.



Jacqueline Jumbe Kahura impresses with her drive and passion for education for the poorest and most vulnerable in her country... [Read more!](#)

[Read more](#)

To be expected in our next newsletter...

Have you met Mapenzie? This cheerful boyfriend of Aisha plays an important role in her life. He will also be present on our socials in the coming weeks. [Keep an eye on him!](#) More to come in the June newsletter:

- Aisha & Friends celebrates its first birthday in June.
- The Aisha in Hospital school project is starting to take off.
- More information about the new teaching method Aisha, how do you feel?

Do you feel inspired by our work? Do not hesitate to reach out to us, Mieke and Alberdine (info@aishaandfriends.com). We are ready for a virtual coffee.





Curious? Keep an eye on us on social media !!
If you have any questions, comments or tips, you can always email us at the email address below.

Images Courtesy: Learn! Foundation and Lifting the Barriers

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